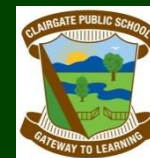


CLAIRGATE CHRONICLE



Colorado Drive, St Clair NSW 2759
P: 9670 1408 F: 9834 3869
E: clairgate-p.school@det.nsw.edu.au

Care, Excellence, Innovation, Opportunity
in a positive, dynamic environment

Term 1, Week 8

Wednesday, 17th March 2021

Term 1 - Important Dates to Remember

Monday 29 th March	<ul style="list-style-type: none">• Harmony Day
Wednesday 31 st March	<ul style="list-style-type: none">• Go Blue for Autism
Thursday 1 st April	<ul style="list-style-type: none">• Easter Hat Parade
Thursday 1 st April	<ul style="list-style-type: none">• Last day of Term 1
Tuesday 20 th April	<ul style="list-style-type: none">• First day of Term 2
Monday 26 th April	<ul style="list-style-type: none">• Cross Country Carnival

A note from the Principal

Welcome to the Clairgate Chronicle for this fortnight – Week 8, Term 1 (17/03/2021).

Swimming Champions

Yesterday the Clairgate Junior and Senior Swimming Champions were announced – huge congratulations to Ella, Alexis (sister act!), Tyson and Bronx – well done to all of you!

Regional Swimming Carnival

Good luck to our super swimmers competing today at the Sydney West Swimming Carnival at Homebush Swimming Centre...hope you all swim well today and enjoy yourselves! Thanks Mrs Thurling for supervising today.

Go Blue for Autism

We will be holding a blue Mufti Day on Wednesday, 31st March, 2021 to help raise some funds for the Luke Priddis Foundation as they very generously share valuable resources and ideas with us.

Easter Hat Parade

We are so thankful to be able to invite parents onsite for the Easter Hat Parade this year. This will be held on Thursday, 1st April at 11.45am on the front grass. We invite you to bring a rug or a camp chair and sit around the front grass to share in the fun. There will be some refreshments (not home-made) available on the day for visitors only – our students are not allowed to attend this stall. We do still ask that parents and visitors practice safe social distancing procedures whilst at school and follow our visitor protocols – ie – sign on and use the QR code.

Harmony Day

Next Monday we will celebrate Harmony Day at Clairgate. This is a day to celebrate our cultural diversity and it is a day of respect for everyone who calls Australia home, from our traditional custodians to those who've come from many countries around the world. We will be having small celebrations in each classroom. Students are encouraged to be dressed in their Indigenous or cultural costumes on the day. If children are not wearing traditional outfits, they may dress in mufti. The students are also asked to wear their school shoes. Thanks to Mrs Tegjeu for all the activities she has shared with staff for this celebration.

Covid Intensive Learning Program

As we all know, 2020 was a tough year. This was particularly so for our students and teachers who rose to the challenges that included seven weeks of remote learning due to COVID-19, and in some areas, that came on top of bushfires and floods. For our students, this was an unsettling time.

The government and department have recognised this with the announcement of a \$337 million program aimed at ensuring that schools can identify students who would benefit the most from intensive support. This will be tailored to their requirements to ensure that students' educational outcomes continue to improve in 2021. The 2021 COVID intensive learning support program will provide

small group tuition for students who need it most across NSW primary, secondary and specialist schools. All public schools across the state will benefit with an allocation to employ additional teachers and educators to support student learning.

At Clairgate, this support program from the NSW Government has allowed us to have an extra literacy teacher working in every class with a small group of students during reading sessions. This allows every class teacher to ensure all students are working and improving their reading skills. We look forward to sharing excellent results with you about this program.

Mobile Phones/Personal Communication Devices
Please read our school policy on mobile phones and personal communication devices – including smart watches – later in this newsletter.

Have a wonderful fortnight,
Michelle Lawrow

A note from the Deputy

Hello everyone,

I would like to introduce a program we are doing at Clairgate to support our school wellbeing and care and concern for the students overall mental fitness. It is called Forge Wellbeing.

It is a new program developed by NRL star David Gower. He played tough on the field but Parramatta Eels forward David Gower has a softer side and has launched a ground-breaking program to improve the mental wellbeing of school students.

The Forge Wellbeing program gets students to answer eight simple questions about how they are feeling with the results instantly fed back to teachers. By using a computer and emojis for younger children the program helps gauge the emotional state of students who can't articulate their problems as well as those who don't wish to speak about how they are feeling. The students take the survey a few times a year to help track their responses.

Questions are based on positive psychology research to give an insight into the individual wellbeing of the student and is a way to gauge the wellbeing of their students overall.

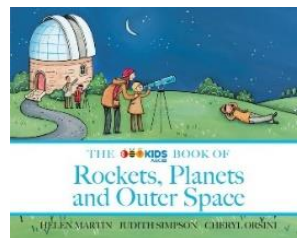
By intervening early, the program aims to fix social and emotional problems early where possible.

Teachers are provided with practical steps they can get their students to take to improve in each of the eight wellbeing measures.

For example, keeping a gratitude diary recording something they are grateful for each day to make them more optimistic, or mindfulness exercises.



Library



This fortnight in the Library we have been continuing our journey exploring space.

Kindergarten worked carefully to put together a puzzle of their name and create a rocket!

How fabulous are these?



There were quite a few overdue book notices sent out this week. Please help your child remember to return their Library books. There is a returns box outside the Library that they can pop their books in any day. No need to wait for Library day.

Book Club catalogues were sent home yesterday. All orders and payments are taken online. See the back page of the catalogue for information. If you need any assistance with book club please email:

donna.thurling@det.nsw.edu.au



Clairgate Public School

NSW DoE School Mobile Phone and Personal Communication Device Policy

To meet student, staff and community needs, at Clairgate PS, the following policy and procedures are in place for actioning – The School Mobile Phone and Personal Communication Device Policy.

The policy refers to all devices including mobile phones, handheld devices and personal devices such as smart watches. Unauthorised photography and voice recording from such devices will be treated as a serious violation of our shared rights and appropriate sanctions and restitution will apply.

This policy seeks to ensure that the learning environment at Clairgate Public School is one that recognises the right of students to learn and teachers to teach without interference or distractions from mobile phones/devices.

Parent Responsibilities

1. To communicate to their child that they must bring their mobile phone/device to the office each morning and collect it at the end of the school day. All messages need to be relayed through the school office during the school day.

Student Responsibilities

1. To have permission from their parent to bring their device to school.
2. To put their device in the bag at the front office as soon as they arrive at school.
3. To not use their phone or smart watch/communication device when on school grounds.
4. To collect their device at 3.00pm.

Principal Responsibilities

1. Provide clear information to students and parents regarding the school mobile phone/personal communication device policy.
2. Provide staff with relevant information in relation to the procedures in place.

Teacher Responsibilities

1. Direct students with phones in the classroom to take their phones/devices to the office and collect after school.
2. Report issues in relation to mobile phone usage during school hours to the Principal and contact the parent.

Office Staff Responsibilities

1. Provide individual bags for students to place their phones/devices in.
2. Store phones/devices safely during the school day.
3. Students may only collect their own phones.
4. Secure forgotten phones overnight.

GARDENING CLUB

2021



GARDENING CLUB 2021! WELCOME BACK

Upon our return from school holidays, our gardens looked a little neglected. However, bit by bit with the help of the amazing Mrs Anderson and Miss Timbs and green thumb students, we are working hard clearing out the weeds - weather permitting - and have started to collect the seeds from the dried produce of 2020. We are commencing the preparation of our soil for the next generation of fresh food.

In the meantime, we have been lucky to watch our Jap and Butternut pumpkins grow bigger each day. The mint has been thriving and we are seeing new sprouts of watermelon emerging and APPLES.

The Woolworths Discovery Garden promotion is out again! And the Gardening Club would love them if you are happy to donate them 😊

Kindly forward the little pots of joy to Mrs Whalen's classroom, and help us bring our EMERALD CITY and BEE GARDEN back to LIFE

Watch this Space - Mrs Whalen



Cornflower



Salvia



Dianthus



Phacelia



Lavender



Poppy



Phlox



Aster



Zinnia



Pansy
'Admire'



Swan River
daisy

GARDEN YOGA FOR KIDS



Pretend to be a tree

Tree Pose: Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



Pretend to be a frog

Squat Pose: Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



Pretend to be a seed

Child's Pose: Sit back on your heels and bring your forehead down to rest on the floor. Pretend to be a seed in the garden.



Pretend to be a butterfly

Cobbler's Pose: Sit on your buttocks with a tall spine. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.



Pretend to be a flower

Flower Pose: Lift your bent legs, balancing on your sitting bones. Weave your arms under your legs, palms up. Pretend to be a flower in bloom.





ALVIVA GYMNASTICS

Cook Parade Neighbourhood Centre, St Clair NSW

Classes for Children aged 1 - 10 years
Beginners to advanced

Register your interest today

Contact us at admin@alvivagymnastics.com.au or visit
our facebook page facebook.com/alvivagymnastics