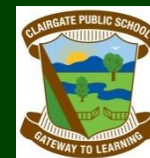


CLAIRGATE CHRONICLE



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Care, Excellence, Innovation, Opportunity
in a positive, dynamic environment

Term 1, Week 6

Friday, 5th March 2021

Term 1 - Important Dates to Remember

Tuesday
9th March

- World of Maths Incursion

A note from the Principal

Welcome to the Clairgate Chronicle for this fortnight – Week 6, Term 1 (05/03/2021).

Clairgate “Extra” Super Fish

Congratulations to our wonderful District Swimming Team who swam on Friday, 26th February, at the District Carnival. As usual our “Clairgate” behaviour was outstanding and all swimmers gave their absolute best – well done! Good luck to the following students who made it to the Regional Carnival: Alexis, Ella, Amanda, Ying, Janea, Russell, Cohan, Noah and Tyson.

Huge thanks go to our amazing staff: Miss Bartlett, Mrs Thurling and Mr Thurling for all their hard work.

Our Morning Routine

Our morning routine changed a little last year to accommodate COVID protocols and we have continued this routine. Children walk into school by themselves, however if parents need to walk their children into the school they must stop at the BLUE line on the pathways and then children walk by themselves to either the main quad area (between 8.30am and 8.50am) or to their classroom (from 8.50am to 9.00am). If children are late to school (after 9.00am) they will need to go to the front office for a late note. All late arrivals need to be explained.

At 8.45am all children in the main quad area sit down for a few calming minutes. They then walk to their classrooms in grade groups as directed. We have found this more settled start to have great benefits in the classroom. Students are actually in their class ready to begin work, and they have had several

minutes to calm down and ready themselves for the day. We are also noticing great gains in student independence as they have to say goodbye to parents at the blue line and walk the rest of the way into school by themselves.

Kinder students:

Our lovely Kinder students may follow the same protocol as above now. They are used to being in the main quad area and if they arrive at school before 8.50am, they now need to walk to the main quad area to play with their friends. Kinders will walk to their classroom at 8.50am, along with the rest of the students.

Kinders who arrive after 8.50am may walk straight to their classrooms – thank you parents for stopping at the blue line and letting the children walk by themselves into class.

Department Easing of Restrictions

The NSW Dept has eased some of the current COVID restrictions, including allowing more parents on site for more activities.

- This means we will be able to change our plans for the Easter Hat Parade – and actually invite parents to join us on the front grass for this event! Wonderful news!
- Due to the short timeframe, we will still run our Semester 1 Merit Assembly as planned but we look forward to a more “normal” Semester 2 Merit Assembly with our parents on site.
- We will continue our morning routine (as explained above) and will make some slight changes to the afternoon routines.
- In the afternoons, parents may wait on the front grass area as usual, or at the back of the school for their children. Parents may also choose to wait in the undercover seating areas near the Kinder rooms or on the hard-court area for their children.
- We will continue to have the main quad area and the classroom areas unavailable for parents waiting to pick up children.

- *No sign on is necessary for drop off or pick up of children. All other visits on the school site will require your sign on at the front office and your use of the NSW Service QR Code.*

Wherever you choose to wait, please ensure you comply with social distancing guidelines.

Gates Locked at 9.15...reopened at 2.45pm.

The only gate to remain closed but unlocked will be the pedestrian gate next to the Car Park gates.

STAFF CAR PARK

Our staff car parks are for Department of Education staff only. The only exceptions are for those people with a current disability permit. This can either be the RMS official permit or our Clairgate permit which is issued under special circumstances. The car park at the back of the school is for some staff overflow and for the Department of Education Transport staff to pick up and drop off students in Wingaru. Some people who are not entitled to do so, are using the car parks as a drop off or pick up point. This is becoming both dangerous and frustrating for those who need to use our car parks.

*Have a great fortnight everyone,
Regards,*

Michelle Lawrow

A note from the Deputy

Welcome back, everyone

At Clairgate, we will continue to extend the use of the self-regulation tool strategies known as the Zones of Regulation. The concept is explained below and complements the Kindness On Purpose whole school approach we have been using for the last four years. It also works in partnership with the class-based Bounce Back program and moves towards individual self-regulation.

All these wellbeing programs support the **"The Wellbeing Framework for Schools"** of the school and the NSW Department of Education and Communities that... **students have responsibility to be active learners who exercise self-regulation appropriate to their age and level of understanding.**

**By Leah M Kuypers Book available
from www.socialthinking.com.au**

Each coloured zone has associated tools/strategies which support children to be able to self-regulate and manage their emotions.

It should be emphasised that throughout an average day, it is normal to feel a mixture of all emotions. We often move between the Zones numerous times over the course of a day and experience a wide range of feelings.

Green Zone	I am feeling: Happy, focused, ready to learn and calm	
Blue Zone	I am feeling: Sad, tired, bored, nervous or sick	
Yellow Zone	I am feeling: Frustrated, silly, a little out of control, worried or excited	
Red Zone	I am feeling: Angry, upset, out of control, wanting to yell or hit or am refusing to work	

How can I support my child at home?

To support our work in school on developing emotional regulation, we would encourage you to discuss this at home too. Here are some ideas of questions you might like to use at home:

Which zone are you in?

- What tools/strategies could you use to get back into the green zone?
- Tell me about a time you were in the red zone and how you dealt with it.
- How would you support someone who is in the red/blue/yellow zone?

A note from the Office

Updating emergency contacts for students

We have had several instances this year where we have not been able to contact parents or emergency contacts due to numbers that are incorrect or disconnected.

If you have changed your contact numbers or need to add numbers to your child's records, please email them to the school or complete the change of details form at the back of this newsletter and return it to the office. This form can also be found on the Clairgate Web Site.

World of Maths Incursion

The cut-off date for payments has been extended to Monday, 8th March 2021.

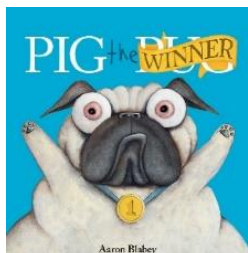
Library



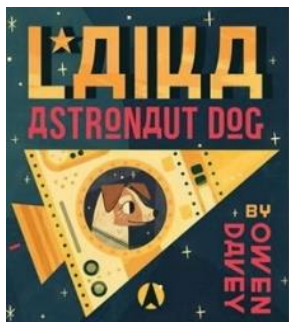
Another busy fortnight in the Library. Lots of great new books to discover.

Kindergarten have enjoyed stories about a lovely little turtle called Franklin. We have read about him going to school, playing in a team and meeting a new friend.

Year 1 and Year 2 have enjoyed stories by Aaron Blabey with his crazy characters of Pig the Pug and Trevor the Sausage Dog. We discussed their character traits and looked for evidence in the stories that taught us about their personalities.



Year 3 have been ramping up their technology skills with typing lessons and practising using the laptops for answering a variety of different question styles. Our scrolling, mouse control and typing are improving every lesson.



Year 4 also are improving their technology skills by accessing our Library Google Classrooms to respond to questions about texts we have read. We really enjoyed reading about Laika, the astronaut dog!

Years 5 and 6 have been exploring imagery in picture books such as similes, alliteration and metaphors. Their Google Classrooms have been filling up with excellent examples of figurative language.

Thank you once again to the wonderful families that support our Library by donating books, plastic bags or buying books from the Scholastic Book Club.

Trevor the Sausage dog by Ya (1G)



Sport

District Swimming Carnival 2021

The St Marys District Swimming Carnival was held at Mount Druitt Pool on Friday 26th of February.

The day was filled with excitement as students arrived bright and early at the pool, ready to swim and represent Clairgate Public School.

Congratulations to all the students who attended. Your behaviour, participation, team spirit and "can do" attitude was outstanding and an example to others. I was incredibly proud of every single person's achievements and efforts!

Special thanks to Alexandra D from 3/4W for demonstrating outstanding school spirit and resilience by participating at short notice in our amazing Junior Girls Relay Team! We are so grateful and I am very proud.

Thank you all for a wonderful day.

Miss Bartlett

Team Manager



Nash and Bronx from Year 4 were selected into a Nepean Representative OzTag team, back in November 2020 and over the past 4 months have been training twice a week to compete in a State Cup Tournament at Bass Hill on the 25-26 February.

They competed against 23 other teams from Cronulla, Newcastle, ACT, Wollongong, Tamworth and many more. They were split into 4 pools of 6 teams with finals to follow.

Nepean were undefeated throughout the tournament scoring 63 tries and only letting in 7.

What a great start to the year for the Clairgate P&C! Our first meeting for the year was very productive with a number of new members welcomed onto the committee!

We strongly encourage anyone who is interested to come and join us to have your say on P&C matters including fundraising, uniforms and more. Our next meeting is at 9:15am, Tuesday 9th March in Denver Park (children welcome and BYO chair). We hope to see some new faces!

Uniform Ordering Procedure

Uniform orders can be placed and paid for in a number of different ways this term:

1. Place your written order along with correct cash payment in an envelope labelled with your child's name, class and "Uniform Order" in the green box next to the office.
2. You can come visit us in person at the Uniform Shop on Thursday mornings 8:30 - 9:30am
3. Email your order to clairgateuniformshop@gmail.com and call the office to make a card payment over the phone.

Please include your child's name and class in your email order.

Order forms are available on the Clairgate Public School website. Please remember all orders are packed on Thursdays and sent to your child's class.

First day of school gifts

The P&C were proud to provide a sweet gift to Kindy parents and carers on the first day of school. Each Kindy child was able to present their family with a lovely bright flower at the end of a very exciting day!

We hope they put a smile on some nervous faces! Thanks to all involved - your support in our fundraisers as well as lots of wonderful effort from our P&C members made this possible!

Hot Cross Buns

Once again, we would like to offer you the opportunity to purchase delicious Hot Cross Buns and make a profit for our school. The more buns you purchase the more profit we make.



For every 6 pack of Hot Cross Buns you order, Bakers Delight St Marys will give \$2.00 to our school.

Simply fill in the details on the order form attached, bring your order form together with full payment back to school by 23rd of March 2021 and your buns will be ready to collect on the 29th of March.

Remember to ask family and friends if they would like to order some too!

Easter Raffle

We are having an Easter raffle again this year and we would appreciate any donations of Eggs or Baskets to make great prizes. Tickets will be sent home shortly.

Thank you for your continued support.



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



EVERY MINUTE COUNTS....

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...
10 minutes a day	50 minutes of learning each week	Nearly 1½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of learning
1 hour each day	1 whole day of learning each week	8 weeks per year or nearly a term a year.	Over 2 ½ years of learning

Your child's best learning time is at the beginning of the day...

**Check the time
your school
starts.
DON'T BE LATE!**



8 | **motivesports**

BOOK NOW

TERM 2
AFTER SCHOOL
SPORTS CLINIC
AT
CLAIRGATE PS
EVERY WEDNESDAY AFTERNOON
FOR 8 WEEKS
STARTS 28TH APRIL

ACTIVE KIDS

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8 WEEKS OF AMAZING COACHING

| 16 DIFFERENT SPORTS | ON SCHOOL GROUNDS | RAIN, HAIL or SHINE |

FROM THE CONCLUSION OF SCHOOL UNTIL 4.30pm each week

BOOK NOW: motiv8sports.com.au
#noonedoesitlikemotiv8sports

at Clairgate Public School

FOR THE COOLEST MULTI-SPORTS CLINIC IN AUSTRALIA

Wednesday - TERM 2

\$100 FOR 8 WEEKS !

3.00pm - 4.30pm KINDY to GRADE 6

APPROVED PROVIDER

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USE YOUR \$100 ACTIVE KIDS
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WWW.MOTIV8SPORTS.COM.AU OR CALL 0402 200 479



Hi parents/caregivers,

We would like to invite your son/daughter to attend our upcoming Term 2 Motiv8sports AFTER SCHOOL SPORTS CLINIC

Our event is designed to motiv8, encourage, build resilience and inspire children to do their best! Nothing compares to a Motiv8sports event and participants will take part in our own awesome array of non-contact sports including: Super Soccer, Flagball, Big Dog Cricket, Ultimate League, Vortex Gridiron, Bazooka Ball, East vs West FACEOFF and other crazy challenges!

VISIT OUR Motiv8sports Penrith FACEBOOK PAGE to see our awesome photo galleries from all our events!

VISIT our website for more information or call Coach Brad on 0402 200 479

TAKE ADVANTAGE OF YOUR 2021 \$100 ACTIVE KIDS VOUCHERS

Book now to use your voucher or call Coach Brad on 0402 200 479 for instructions.

MOTIV8SPORTS IS INCLUSIVE and caters to all ability levels. Our 8-week program is extremely affordable and allows students who might not participate in weekend sport the opportunity to be part of a team

To save confusion amongst parents and students this event would go ahead rain, hail or shine. In the event of rain children would be supervised in a classroom or undercover area participating in fun modified activities. At the conclusion of the 90 minute Sports Clinic parents would collect their children from an area agreed upon by the school.

DATE: EVERY WED STARTING 28TH APRIL TIME: 3.00PM - 4.30PM
DURATION: 8 WEEKS
VENUE: CLAIRGATE PS AGE: KINDY - YEAR 6
PRICE: \$100 OR \$0 IF YOU USE YOUR ACTIVE KIDS VOUCHER

+ EVERY NEW MEMBER GETS A FREE JERSEY! VALUED AT \$30



BOOK ONLINE: [MOTIV8SPORTS.COM.AU/PENRITH/EVENTS](https://www.motiv8sports.com.au/penrith/events)





HOT CROSS BUN ORDER FORM EASTER 2021

Bakers Delight **St Marys** would like to offer you the opportunity to purchase delicious Hot Cross Buns and make a profit for our school. The more buns you purchase the more profit you make.

For every 6 pack of Hot Cross Buns you order, Bakers Delight St Marys will give **\$2.00** to our school.

Simply fill in the details below and select how many and which Hot Cross Buns you would like to order, bring your order form together with full payment back to school by **23rd of March 2021** and your buns will be ready to collect on **the 29th of March**.

Remember to ask family and friends if they would like to order some too.

Student's Full Name: _____ Class: _____

Contact No: _____

[illegible]

2021 CLOTHING POOL ORDER FORM

Child's Name: _____ Class: _____

Contact Name:	Phone Number:			
Item	Price	Size	Qty	Total Cost
GIRLS SUMMER DRESS UNIFORM Sizes 4-14	\$37			
POLO SHIRT Sizes 4-18	\$24			
POLO SHIRT Sizes 20-22	\$27			
SPORT SHIRT Sizes 4-18	\$24			
GIRLS 'SKORTS' Sizes 4-16	\$22			
SHORTS – GIRLS (Discontinued Apr 2020) Sizes 4-16 (Limited Stock still available)	\$17			
MICRO-FIBRE SPORTS SHORTS Sizes 4-18	\$22			
MICRO-FIBRE SPORTS SHORTS Sizes 20-22	\$25			
BOOTLEG PANTS Sizes 4-16	\$17			
TRACKPANTS Sizes 4-16	\$18			
FLEECE ZIP JACKET Sizes 4-18	\$33			
YEAR 6 FLEECE ZIP JACKET (Green) Sizes 4-20	\$33			
BUCKET HATS – Beige with Clairgate Logo Small - 55cm Medium - 57cm Large - 59cm (Please measure the circumference of your child's head carefully as hats cannot be exchanged for health reasons)	\$12			
Total Cost				
Eftpos Fee \$1.00				
Total Paid		\$		

Payments for uniforms can be made by Cash or Eftpos
Please note there is a \$1.00 fee on total order if paying by Eftpos
Please enclose the correct money if paying by cash as no change is available

Date Ordered:		Payment Method:	Cash Eftpos
Date Paid:			
Date Delivered:			

CHANGE OF DETAILS

Students Name: _____ Class: _____

Mothers Name: _____

Father's Name: _____

New Address _____

_____ P/Code: _____

Home Phone: _____

Mother Work: _____ Mobile: _____

Mother email address: _____

Father Work: _____ Mobile: _____

Father email address: _____

Change/Addition of Emergency Contacts:

Name: _____ Relationship to Student: _____

Contact No: _____ Mobile: _____

Name: _____ Relationship to Student: _____

Contact No: _____ Mobile: _____

Are there any contacts you would like removed: _____

Details of Parent not residing in the family Home (if applicable)

Name: _____

New Address: _____

_____ P/Code: _____

Contact No: _____ P/Code: _____

Signature: _____ Date: _____